





## Touchmark at Harwood Groves

May 2012 - Full Life Wellness & Life Enrichment Program

<b>Meal Times</b>		<b>Classic Looks</b>
7-9am	Hot Breakfast (PR)	Tuesday – Friday 9 am – 4 pm
9-11am	Continental Breakfast (PR)	Call 701-356-2220 for appointment
11am-7pm	All Day Seasonal Menu Options (PR)	<b>Stop-N-Shop/Boutique</b>
11:30-1pm	Daily Lunch Specials (PR&W)	M-W-F 10 am- 2pm
4-7pm	Daily Dinner Specials (PR)	T-Th 11am – 3 pm
5-7pm	Daily Dinner Specials (W)	<b>Health &amp; Fitness Club</b>
<b>Scheduled Transportation</b>		Monday-Friday 6am-9pm
Mon., Tues., Thurs., Fri., 9 am – 5 pm		Saturday 8am-4pm
Sign up at the front desk.		Sunday Noon – 6pm

### May Special Events

#### Outings—Please sign up at the Front Desk

- Salad and Pie Lunch at Trinity Lutheran Church – May 2<sup>nd</sup> at 11am
- Movie “Lucky One” at West Acres Theatre – May 4<sup>th</sup> at 1:45pm
- Opera “The Mikado” at NDSU – May 6<sup>th</sup> at 1:30pm
- Tour of Downtown Shops and Treats at HoDo – May 9<sup>th</sup> at 1:30pm
- Pen Pals Visit students at Carl Ben – May 16<sup>th</sup> at 12:45pm
- Out and About to Taste of Italy at the Avalon – May 31<sup>st</sup> at 5pm
- Shopping at WalMart, Thrift Stores and West Acres – May 21<sup>st</sup>, 23<sup>rd</sup>, and 30<sup>th</sup>

#### Music in the Auditorium

- Piano Recital by NDSU student Sarah Prigge – May 1<sup>st</sup> at 2pm
- “The Occasional Quartet” – May 8<sup>th</sup> at 2:30pm
- “The FM Noteables” – May 10<sup>th</sup> at 1pm
- Discovery Middle School “Primo” – May 11<sup>th</sup> at 10:30am
- Kennedy Elementary 4<sup>th</sup> Grade Choir – May 16<sup>th</sup> at 9:30am
- Musical Memoirs by Tom & Christine Dowdell – May 17<sup>th</sup> at 6:30pm
- Patriotic Sing-A-Long – May 29<sup>th</sup> at 2:30pm

**\*\* Presentations by our own Jim & Joyce Holter “The Damndest, Finest Runs” and Dewey Robson “Honeybees”.**

**Meet & Greet with Father Shea from University of Mary – May 8<sup>th</sup> 10:30am with Mass following**

**Open House at Mary Nelson’s Cottage #3401 – May 15<sup>th</sup> from 3:30-5pm**

**Book Club begins “Bold Spirit” – May 18<sup>th</sup> at 10:30am**

**\*\* Remember to sign up for Mother’s Day Brunch! Sunday, May 13<sup>th</sup> from 11am-2pm**