

# PROFILE



Health & Fitness Club  
*Enriching your life*



## Mark Minette

Director  
Waterford Health & Fitness Club

Mark oversees all aspects of the club, which opened in 2007 and offers an extensive array of programs and classes to residents of Waterford at Harwood Groves as well as members from the broader community.

Prior to his position at Waterford, Mark served as the Development Director for Villa Nazareth in Fargo, leading fund-raising efforts for Friendship, Inc. and Riverview Place.

Prior to that, he was Executive Director for two YMCA centers: the Parkersburg YMCA in Parkersburg, West Virginia, and the Mesabi Family YMCA in Virginia, Minnesota. He also served as Adult Program Director for the Grand Forks YMCA Family Center in Grand Forks, North Dakota.

Mark received his Bachelor of Science in Corporate and Community Fitness from North Dakota State University. He holds numerous certifications, including the YMCA's Working with Older Adults. He is certified by the American Red Cross as a Water Safety Instructor Trainer, Lifeguard Training Instructor, CPR/AED and First Aid Instructor and Lifeguard Management Instructor.

Mark enjoys spending time with his wife and two daughters as well as the family dog and cat. He also likes listening to music, swimming, playing tennis and volleyball, golfing, riding his bike, and volunteering at his church.

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## Waterford Health & Fitness Club

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